

### **Caroline Wright, DipCOT**

Caroline is an occupational therapist with 28 years experience working in the NHS, Social Care and independent sectors.

Caroline has worked in a variety of different clinical settings within the NHS which include the following: orthopaedics, stroke rehabilitation, palliative care, elderly care, general medicine and surgery, including working with amputees. She also has experience of adult community psychiatry. She has extensive experience of discharge planning and arranging services for clients within their home environments.

Caroline has also worked for many years within the social care sector working with clients with a wide range of long-term physical disability, including orthopaedics and neurological impairments. From this she has gained considerable experience of home assessment, client-centred care planning, liaison and referring to other providers (both statutory and third sector). She has a keen interest in working with both upper and lower limb amputees, enhancing their quality of life through the joint working with prosthetists and using the advances in prosthetic limb technology to maximise their independence. She also has a depth of knowledge and experience around home adaptations and recommendations for specialist equipment for adults with physical disability.

Alongside her work in the statutory sector, Caroline has worked in private practice for over ten years providing independent occupational therapy reports.

Caroline also has experience of working in management within the social care sector. Through this she has undertaken management of complex casework, complaint resolution, development of joint working protocols between different statutory organisations, and involvement in the development of electronic social care records. She has developed excellent time management skills and utilises these when dealing with conflicting priorities and workloads.

These management positions have given Caroline extensive experience in managing and supervising teams of occupational therapists. She has also gained significant knowledge and understanding of the complexity of statutory health and social care provision.

Caroline also works as an expert witness for a leading care expert company, providing reports to individuals who have suffered medical negligence or injury. Through this work she has gained valuable experience of complex care packages and working with individuals who have been affected by traumatic injury. She has also attended court and given evidence.

Caroline maintains her continued professional development by attending local networking groups, training days and completes reflective practice diaries. She has spoken at the College of Occupational Therapists annual conference, and has published a research article in the British Journal of Occupational Therapy.

As part of the team of Ainscough Associates Caroline undertakes immediate needs assessments and acts as a case manager on complex cases. She has experience of helping individuals to directly employ carers, and offers ongoing guidance and support to the staff once recruited. She is state registered, and is a member of the British Association of Occupational Therapists. She also holds membership of the special interest group for Occupational Therapists in private practice.