

Alex Williams BSc (Hons) Occupational Therapy

Alex qualified as an occupational therapist in 2008 from the University of Essex and in his career he has worked within the paediatric and adult sectors. He has worked in various settings gaining experience of physical, neurological, psychological, Social Emotional and Mental Health, and neuro-developmental streams of rehabilitation.

In regard to the paediatric sector Alex has worked in schools and has an extensive knowledge of Education Health and Care Plans and has set up therapy provision within schools, training school members to run statement provision for children. Alex has knowledge of specialist children's equipment such as functional seating.

In the adult sector he has extensive knowledge of the social services, with knowledge of specialist equipment, housing adaptation, and manual handling equipment. He has compiled reports for the Department of Work & Pensions assessing the personal independence payment assessment. Alex has worked in the medical insurance sectors, addressing a variety of psychological, physical and complex medical conditions, providing appropriate recommendations to assist with the management of conditions and supporting the process of clients returning to work in their previous role or a more suited role depending on their condition.

He has worked in the private sector with children with Neuro-developmental issues and has supported them with improvement in gross/fine motor skills, also supporting them with simple tasks such as handwriting skills. He has acted as consultant to a school and provided advice on universal approaches to supporting students at school, such as the classroom layout.

Alex ensures his practice is evidence based and is skilled in reasoning his clinical decisions. He is a member of the CMSUK and ensures he attends and utilises relevant courses. He has experience of leading training events and has led training for staff to complete the PIP Assessments and whilst working in schools was regularly involved in training non-clinical staff in therapeutic use. He uses appropriate guidelines such as the rehabilitation code, follows NICE guidelines where appropriate and ensures he is meeting HCPC guidelines in his practice.

As a case manager, Alex has worked on a variety of projects such as the Grenfell incident, Croydon Tram Crash, and major incidents. He has set up group support for participants and worked with charitable organisations to establish appropriate groups to promote occupation. He is adaptable to the needs of the client and will ensure his goals are shared and appropriate to meet the person's needs.

Alex currently works as a case manager with Ainscough Associates and as well as completing INA's, provides ongoing case management on complex cases for both adults and children. Alex positively advocates for his clients and has sound skills coordinating care and rehabilitation to meet their health and social care needs and life goals. Alex is based in East Sussex and works with clients in and around London and the South East region.