

John Ainscough BSc DipCOT

John is an occupational therapist with 20 years experience across a variety of clinical settings in the NHS, Local Authorities, and as an independent case manager. In addition to his clinical practice he has held several management positions.

John has worked with adults with complex multiple disabilities including general orthopaedics, acquired brain injury, amputees, and spinal injury. He has also worked with adults in the NHS within elderly mental health and physical in-patient and community rehabilitation, stroke rehabilitation, and acquired brain injury rehabilitation. This variety of work has given John the experience of setting rehabilitation goals, and developing and monitoring treatment programmes.

Working for Local Authorities and as an independent case manager, John has considerable experience in assessing and working with people in their own homes, working closely with multi-disciplinary teams, developing care plans, and co-ordinating complex packages of care, including liaison with and referral to other statutory services across health and social services. He has experience in the design and implementation of major structural adaptation work including design and advice on new build properties, as well as the provision of specialist equipment.

In addition, John has worked with children both within the NHS and Local Authority settings. In the NHS and as an independent case manager he has worked with children with a variety of complex disabilities, including acquired brain injury, spinal injury, and ventilator dependent children. In mainstream schools John has worked with children with Developmental Co-ordination disorder, and as part of an assessment clinic for pre-school children. In a Local Authority setting he worked with children and their families in providing specialist equipment for seating and postural management, and also the assessment and provision of a wide range of major adaptations.

John has been involved with many different services at a senior level having carried out substantial reviews for several occupational therapy services which resulted in comprehensive recommendations for service improvement and development. In other positions he has been consulted on the development of manual handling policies and procedures, access to service criteria, fieldwork education programmes and placements, and service restructuring and development.

As well as being the clinical and managerial director of Ainscough Associates John carries his own personal caseload, working with children and adults with a wide range of multiple and complex disabilities. As a case manager he has experience of arranging large packages of care for complex cases.

John regularly attends training and conference days and is committed to maintaining his professional development. In 2010 he completed a one-year course in working with groups and since 2009 he has been training as a facilitator in a family constellations work and has a special interest in working with trauma and systemic theory. He was invited to speak at the APIL Special Interest study day on Spinal-Cord Injury both in 2007 and 2008 and he is a regular speaker at conferences and CMSUK training events.

John is state registered and a member of the British Association of Occupational Therapists. He is a past Director of the Case Management Society of the UK and an active member of the Education Committee. He is also an advanced member of the British Association of Brain Injury Case Managers.